

## **Spiritual Formation**

Ongoing spiritual formation is a daily discipline of the Christian life, and we encourage all people to pray daily, to read Scripture, and to participate in Christian community and formation. There are several opportunities to do this at St. Aidan's. If you would like to start a new Bible Study or spiritual group, please contact the Rector, M. Mary Kate Schroeder at [rector@saintaidans.org](mailto:rector@saintaidans.org)

Most Sunday mornings there is a **Lay-Led Bible Study** at 9:15am, between church services, throughout the year. During the school year, other classes for **Adult Christian Formation** on a variety of topics are offered between services at 9:15am in addition to a Bible Study. Check the Sunday bulletin and the Calendar for the most current information. Contact [rector@saintaidans.org](mailto:rector@saintaidans.org) if you have a desire to teach or coordinate a class or a topic that would be of interest.

There are some **Mid-Week Bible Studies** also. Check the Calendar for current ones, or contact the church office [office@saintaidans.org](mailto:office@saintaidans.org)

**The Wednesday Morning 7am Holy Eucharist is the center of the week.** Teaching and dialogue on a Chapter of the Bible (in 2007 we studied all of the books of Genesis and the Revelation to John) is followed by a toast breakfast and more fellowship and discussion. Everyone is welcome!

After the **Wednesday Morning Holy Eucharist**, follows a **Bible Study** for those who can stay longer. This starts at about 9am and goes for 30 minutes.

Another **Wednesday Bible Study begins at 10am**. Contact Gillian Brown [gillianbrown@saintaidans.org](mailto:gillianbrown@saintaidans.org) for more information and schedule.

Frequently a **Wednesday Morning Book Group at 10:30am** meets for study of literature. Past studies have included The Brothers Karamzov, short stories by Leo Tolstoy and Chekov, and other great works. Usually taught by retired faculty or university friends.

**First Saturdays of the Month Men's Breakfast and Bible Study** at 7:30am also includes fellowship and Bible Study on the Sunday Lectionary. Contact [jimpaine@saintaidans.org](mailto:jimpaine@saintaidans.org)